### **SOCIAL WORK**

### What can I do with this major?

#### **AREAS**

#### AREA

#### CLINICAL

Program planning

Counseling/Therapy:
Individual, group, couples, family
Assessment
Case management
Crisis intervention

#### **EMPLOYERS**

Community mental health centers
Psychiatric hospitals
Behavioral health systems
Drug/Alcohol rehabilitation centers
Residential and day treatment hospitals
Employee assistance programs (EAP)
Schools
Family service agencies
Private or group practice

#### **DESCRIPTIONS/STRATEGIES**

## Clinical social workers are found in a variety of settings that provide therapeutic counseling to clients.

Master of Social Work (MSW) is required.

Obtain licensure as an LCSW since many employers require licensure to practice.

Develop strong communication, listening, and organizational skills, along with a sense of empathy.

Volunteer with a local social service or non-profit organization to test interest in working with different populations or presenting problems.

Cultivate cultural knowledge and humility.

#### **SCHOOL SOCIAL WORK**

Counseling
Case management
Pupil personnel services
Student advocacy
Instruction
Assessment
Referral

Elementary and secondary schools School districts Head Start centers Early intervention programs

# School systems may employ social workers to help students cope with and resolve emotional, developmental, or educational difficulties.

Gain experience with children at daycare centers, camps, Boys and Girls Clubs, and the like.

Volunteer with organizations like Big Brothers Big Sisters.

Obtain state certification for work in a school. Research requirements in your state.

Gain experience working with juvenile justice courts to address truancy and other student concerns.

Plan to collaborate with multidisciplinary teams including teachers, school counselor(s), school administrators, therapists, and others.

#### **PUBLIC WELFARE**

Administration and planning
Case management
Program evaluation
Policy development
Research
Supervision

#### **EMPLOYERS**

Private social service agencies
Local, state, and federal government:
Department of Human Services
Department of Education
Housing Services
Adult Protective Services
Veterans Administration
Indian Health Services
Administrative agencies
Job Corps
Head Start
State legislatures

Public welfare agencies

#### **DESCRIPTIONS/STRATEGIES**

Public welfare is designed to provide services and support for clients who are apart of marginalized groups including those who are poor, differently abled, ill, elderly, or juvenile.

Volunteer at homeless shelters, soup kitchens, domestic violence shelters, literacy programs, or other social service agencies to get experience.

Supplement curriculum with course work in areas such as public relations, advertising, accounting, economics, or management. Consider earning a business minor.

Gain management experience through internships, part-time employment, or leadership in relevant student organizations.

Complete an internship with a government agency. Learn about the government application process and apply early as the process can take at least four to six months.

#### **HEALTHCARE**

Case management

Counseling

Prevention and education

Program development

Administration

Research

Child life specialists

Hospice care

Rehabilitation

Wellness promotion Veterinary social work Hospitals

Community health centers

Outpatient clinics

Public health programs

Health maintenance organizations (HMOs)

Nursing homes Group homes

Hospice

Veterans Administration hospitals

Home healthcare agencies

Substance use treatment agencies

Social workers in healthcare facilitate medical and emotional treatment of patients. They may focus on helping clients and their families cope with acute or terminal illnesses by providing pyschosocial support.

Choose volunteer settings such as hospitals, the American Red Cross, or AIDS agencies to get experience.

Be prepared to work with multidisciplinary teams including doctors, nurses, health, and other mental health providers.

Attend local support groups to begin to understand the impact of illness on the person, family, and other support systems.

### CHILD WELFARE

Case management Advocacy Intervention Supervision

#### **EMPLOYERS**

Local, state, and federal government:
Department of Children's Services
Public and private child welfare agencies
Adoption agencies
Foster care organizations
Child daycare centers

#### **DESCRIPTIONS/STRATEGIES**

Child welfare social workers strive to ensure the safety and well-being of children through treatment of the whole family.

Volunteer at daycares, child shelters, camps, YMCA, Scouts, or other agencies that aid youth. Gain licensure as a licensed clinical social worker (LCSW) after graduating from a master's program in Social Work.

Acquire knowledge about local/national government procedures in reunification procedures.

Plan to collaborate with multidisciplinary teams including lawyers, parents, foster care representatives, and other various government employees.

Become familiar with community resources such as child care, job training, and parenting classes.

#### **FORENSICS/CRIMINAL JUSTICE**

Counseling/Therapy Rehabilitation Probation Parole

Youth services
Victim assistance
Drug prevention
Forensic social work

Prisons and correctional facilities Courts

Police departments

Probation and parole offices
Victim services organizations
Private treatment facilities
Youth services organizations

### Social workers in corrections focus on rehabilitation of clients.

Obtain experience by volunteering at a corrections facility, court, or victims' program.

Gain experience as a juvenile probation officer; many states allow reputable citizens to serve as volunteer officers.

Become familiar with community services that include housing, remediation, job training, addiction treatment, child care, and transportation resources.

#### **ADMINISTRATION**

Management

Policy development

Planning

Supervision Fundraising

Budgeting

Grant writing

Advocacy

Program evaluation

Family service agencies Child welfare departments

Public defenders' offices

Social service agencies

State mental health departments Employee assistance programs (EAP)

Probation and parole departments

Public welfare agencies
Public interest groups

Local, state, and federal government

Residential and outpatient hospitals/treatment centers

National Association of Social Workers (NASW) Council on Social Work Education (CSWE) Administrators are involved with planning, budgeting, public relations, marketing, supervising, operations management, fund raising, and other crucial responsibilities that keep an organization functioning.

Obtain an MSW and gain management experience. Consider a minor in business during undergraduate education.

Participate in student organizations and pursue leadership roles to cultivate an understanding of motivational strategies and creative thinking skills.

#### **EMPLOYERS**

#### **DESCRIPTIONS/STRATEGIES**

#### **OCCUPATIONAL**

Counseling
Education
Wellness promotion
Organizational development
Assessment
Human resources
Intervention

Larger corporations
Employee assistance programs (EAP)
Labor unions
Local, state, and federal government:
Department of Labor
Community agencies

### Occupational social workers help employees and employers to be productive and satisfied.

Gain experience in a university or community career center while in school.

Earn a relevant certification such as Certified Employee Assistance Professional or Global Career Development Facilitator.

Supplement curriculum with course work in areas such as business that focus on efficient, creative, productive business models, and management.

#### **COMMUNITY ORGANIZATION**

Program and community development Advocacy Politics Education Planning Advocacy organizations
Development corporations
Community centers
Local, state, and federal government
Political associations
Environmental organizations

Social workers in this area work with existing organizations to improve conditions for specific groups, enhance quality of living, and involve community members in the political process.

Get involved with grassroots causes and community agencies.

Participate in local government and gain knowledge about city planning.

Volunteer with local organizations that work with specific groups such as homeless people, immigrants, or refugees to learn more about advocacy work.

#### **GERONTOLOGY**

Advocacy/Intervention
Counseling
Case management
Programming
Public policy
Administration

Hospitals
Nursing homes
Senior centers
Assisted/Independent living centers
Hospice and palliative care
Home healthcare agencies
Mental health centers
Employee assistance programs (EAP)
Larger corporations (e.g., banks, investment firms, insurance companies)

### Gerontology involves working with older adults, healthy or ill, and their families.

Get involved with programs or organizations designed for senior citizens.

Supplement curriculum with coursework in lifespan development and aging.

Complete a gerontology certificate program.

Become familiar with community resources ranging from medical to transportation.

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#### **AREAS**

#### **DEVELOPMENTAL DISABILITIES**

Case management
Program planning and evaluation
Research
Policy development
Advocacy

#### **EMPLOYERS**

Community residential homes State and local agencies Medical facilities Schools Colleges and universities

#### **DESCRIPTIONS/STRATEGIES**

### Social workers in this area help people with disabilities lead productive lives.

Volunteer at camps for people with disabilities, daycares, schools, or hospitals to gain experience.

Become familiar with human development and issues specific to disabilities and accommodations.

Obtain specialized training in areas such as sign language or assistive technology for additional opportunities.

Seek knowledge of assessment procedures and therapeutic recreational activities.

#### RESEARCH AND EDUCATION

Research
Teaching
Grant writing
Supervision
Program and community development
Politics
Advocacy

Colleges and universities
Research institutes
Research hospitals
Local, state, and federal government
Advocacy organizations

# Research provides data and statistics important in program implementation and policy development.

Doctor of Social Work (DSW) or Ph.D. usually required. Some teaching and administration positions may be available to MSWs.

Gain research experience as an undergraduate by assisting professors with their work.

Complete an internship or graduate assistantship in a college setting to be competitive for jobs.

Develop strong communication and writing skills.

Acquire a solid background in statistics and research for higher education program development and evaluation.

#### INTERNATIONAL SOCIAL WORK

Humanitarian services

Advocacy

Education

Wellness promotion

Development: economic and community

Disaster/Disease relief

Volunteer coordination

Program administration

Clinical practice

Policy development

Research

#### **EMPLOYERS**

International Inter-Governmental Organizations (IGOs) such as United Nations Economic and Social Council and the World Health Organization

International Non-Governmental Organizations (NGOs)

Federal government agencies with an international focus (e.g. Peace Corps and United States Agency for International Development (USAID))

Country-based service agencies

International aid and relief organizations

Foundation programs

Nonprofit and not-for-profit organizations (e.g., Vital Voices or Habitat for Humanity)

Private voluntary organizations

Humanitarian organizations (e.g., International Red Cross and CARE)

Religious organizations (e.g., World Vision) Multi-national corporations

#### **DESCRIPTIONS/STRATEGIES**

Social workers in the international arena identify social problems, make recommendations for social programs and implement change. They work on solutions to problems including educational, environmental, health, human rights injustices, business, and agricultural.

Learn one or more foreign languages.

Plan to study, volunteer, or intern abroad more than one time if possible.

Seek cultural experiences on campus and get involved with the international student population.

Join relevant student organizations such as Amnesty International and gain leadership roles.

Participate in an international service learning experience or go on a mission trip.

Learn about federal job hiring procedures, and apply for a government internship to increase chances of finding a full-time position.

Research the international organization's/agency's structure and function.

Develop good working knowledge of international humanitarian law.

Demonstrate your depth of dedication, willingness to adapt, and coping mechanisms to combat stress and difficult situations.

Develop skills in the areas of organizing groups, efficiency, and the ability to calm people.

Gain experience working with immigrant and refugee groups through field placements and volunteer work.

Consider earning a graduate degree in social work or related area to open more advanced job

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#### **AREAS**

#### **EMPLOYERS**

#### **DESCRIPTIONS/STRATEGIES**

#### **GENERAL INFORMATION**

- · Bachelor of Social Work (BSW) prepares individuals for entry-level direct practice.
- · Master of Social Work (MSW) is necessary to provide therapy and for advancement to supervisory or administrative positions.
- Doctorate in Social Work (DSW) or Ph.D. usually required for positions in teaching, research, and administration. Advanced degrees are desirable for some clinical positions and private practice.
- Complete a degree from a college or university program accredited by the Council on Social Work Education. Programs include practical field experience.
- Most states require licensure, certification, or registration. Contact the state board directly or the American Association of State Social Work Boards (ASWB) for information.
- The National Association of Social Workers (NASW) offers many specialized credentials that Social Workers can earn. Research these options after choosing
  a speciality area.
- The field practicum is used to determine suitability for this profession and to provide exposure to various practice settings and clients.
- · Candidates should possess empathy for others, an appreciation for diversity, and an interest in social change.
- Social workers serve a range of client systems (individuals, families, groups, communities from birth through end of life) as they attempt to enhance social functioning.
- Social work is unique given its dual focus on the person and the environment.
- · Join a social work organization while in school and seek leadership positions.
- Look for ways to impact your community and get involved with local organizations and issues.
- · Update your resume as you acquire new accomplishments, skills, knowledge, and interests.
- Learn a second language to better communicate with immigrant or migrant populations (particularly helpful in certain areas of the United States).